

# Talking Tips For Tiny Tots

## BY 6 MONTHS

### UNDERSTANDS

- Recognizes her own name
- Recognizes familiar faces and objects (blanket, teddy bear)
- Smiles at herself in the mirror
- Is soothed by calm, gentle voices
- Looks to see where sound is coming from

### EXPRESSES

- Smiles at and laughs with people
- Babbles (bababa, googoo)
- Laughs when happy, cries/whines when unhappy
- Gets your attention by making sounds, looking at you, and using her body
- Reaches for things and people

### THINGS TO TRY

- Name objects that your baby touches or looks at: "Oh toes, you've got your toes."
- Sing songs and repeat nursery rhymes over and over again: Wheels on the Bus, Pat-a-Cake, If You're Happy and You Know It.
- Wave bye-bye or clap your hands and your baby will learn to copy you.
- Shake a rattle in front of your baby, and then stop. See if she asks for more by looking, reaching, or imitating what you are doing. Shake the rattle again.
- Look at board or cloth books together – it's OK if your baby wants to chew on them!

### PLAY

- Enjoys games such as peek-a-boo, pat-a-cake, and tickle games
- Likes toys that she can make crinkle, squeak, rattle and roll
- Puts toys in her mouth
- Likes your attention more than TV, radio
- Enjoys music, songs and rhymes

### WATCH OUT FOR

- A child who does not look towards a sound or is not startled by a loud sound
- A child who has stopped babbling after having done so for a long time

### TEACHABLE MOMENTS

- Talk to your baby about what you are doing at bath time, mealtime, play time, in the car...
- During bath time, name each body part as you wash it. Play "This Little Piggy Went to Market" or "Head and Shoulders, Knees and Toes" while in the tub.
- Put a favourite toy in front of your child, just out of reach. Wait and see how she tells you she wants it.
- Sing lots of songs and nursery rhymes.

## DON'T WAIT AND SEE!

If you have any questions or would like more information, call

# 1-888-503-8885

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3120 JD Nov 2014



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