

# Talking Tips For Tiny Tots

## BY 12 MONTHS

### UNDERSTANDS

- Simple requests and questions (“no,” “wave bye,” “where is your ball?,” “come here”)
- Looks at you when you call his name
- Recognizes new words daily
- Searches with eyes when asked, “Where’s mommy/ daddy?”

### EXPRESSES

- Uses 3 to 5 different words
- Copies sounds (“uh-oh”) and actions (arms up, head shake)
- Makes sounds (gagaga, animal sounds, car noises)
- Uses actions to tell you things; waves “bye,” points
- Gets your attention by bringing things to show you, tugging at your pant leg, or reaching for a hug

### THINGS TO TRY

- Look at board books together and name the pictures your child points to or looks at.
- Sing simple songs with actions (Ring Around the Rosie, Row Row Row Your Boat).
- Talk in short sentences (“Want some milk?,” “Oops, it fell down,” “The Kitty is gone.”).
- Look at pictures of animals and make animal sounds.
- Take turns playing with bubbles, washing dolls, and rolling a ball.
- Pediatricians recommend no screen time for children under 2. This includes TV, movies, computer games and Apps on tablets and smartphones. Your child will learn more from playing, talking, and reading with you.

### PLAY

- Likes it when you sing and do action songs, tries to sing along and do the actions (Twinkle Twinkle, Itsy Bitsy Spider)
- Takes turns in familiar games (handing back and forth, knocking down stacked blocks, dumping out of containers, banging on pots)

### WATCH OUT FOR

- A child who does not show many emotions such as anger, fear, joy
- Two or more ear infections (Talk to your doctor)

### TEACHABLE MOMENTS

- Point to and talk about people and things when looking at pictures.
- During every day activities, use short sentences to talk about what you are doing.
- Name pieces of clothing and body parts for your child. Talk about “shoe off, sock off, hat on.” Play peek-a-boo when putting shirts on over your child’s head.

## DON'T WAIT AND SEE!

If you have any questions or would like more information, call

# 1-888-503-8885

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3120 JD Nov 2014



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