



# September 2015 Speech and Language



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p><b>1</b></p> <p>Keep track of the <b>weather</b> on your calendar at home each day.</p>	<p><b>2</b></p>	<p><b>3</b></p> <p>Take a <b>walk</b> together. Talk about the way things around you are the same and different.</p>	<p><b>4</b></p> <p>Give your child the opportunity to make a <b>choice</b>, "Do you want the red shirt or the blue shirt?"</p>	<p><b>5</b></p> <p>Ask your child what he/she did today.</p>
<p><b>6</b></p> <p>Do the <b>laundry</b> together. Sort by colours, who it belongs to, and types of clothing</p>	<p><b>7</b></p> <p>Learn about the <b>Alphabet</b>. Sing songs together like B-I-N-G-O and read <b>Chicka Chicka Boom Boom</b> by Bill Martin</p>	<p><b>8</b></p> 	<p><b>9</b></p> <p>Play a <b>game</b> together like Memory or Bingo</p>	<p><b>10</b></p> <p><b>Practice</b> a sound that your child is having difficulty saying.</p>	<p><b>11</b></p> <p>Cut out <b>pictures</b> of animals Group animals by size, where they live or how they move.</p>	<p><b>12</b></p> <p>Use <b>silly voices</b> when talking. SSSSing like a snake, or squeak like a mouse.</p>
<p><b>13</b></p> 	<p><b>14</b></p> <p>Blow <b>bubbles</b>. Use long breaths or short breaths. Try to count the bubbles together.</p>	<p><b>15</b></p> <p>Check out the <b>library</b> and help children find a book about their favourite animal/dinosaur</p>	<p><b>16</b></p> <p><b>Add</b> to what your child is saying. If he/she says "Allgone" say, "Water's all gone!"</p>	<p><b>17</b></p> <p><b>Play</b> time! Use your child's energy to practice following directions. Try things like "Clap your hands", "Jump on the grass"</p>	<p><b>18</b></p> <p>Be a <b>detective</b> in your own home. Ask how many of these objects he/she can find: doors, windows, beds, clocks, chairs etc.</p>	<p><b>19</b></p> <p>Make some <b>music</b>. Put beans in a container and shake, shake, shake! Talk about the sounds they make.</p>
<p><b>20</b></p> <p>Try doing a <b>puzzle</b> together. Choose simple wooden puzzles with lots of colours.</p>	<p><b>21</b></p> <p>Give your child 3 words and tell them to make up a <b>story</b> using them eg. Witch, Toad and Prince</p>	<p><b>22</b></p> <p>Get out the <b>family</b> photos and talk about the people and events in the pictures.</p>	<p><b>23</b></p>	<p><b>24</b></p> 	<p><b>25</b></p> <p>Make a <b>scrapbook</b> of your favourite things. Group them into categories: things to eat, things to ride on...</p>	<p><b>26</b></p>
<p><b>27</b></p> <p><b>Read</b> a book together. Have your little one look at the pictures and tell you what might happen next.</p>	<p><b>28</b></p> <p>Take a trip to the <b>grocery store</b>. Give children their own shopping list with pictures of each item to find.</p>	<p><b>29</b></p> <p>Let's <b>Pretend</b>!! Let your child choose what person/animal they would like to be and let their imagination take over.</p>	<p><b>30</b></p> <p>Hide <b>toys</b> around the room and have fun asking "Where?" Use words like on/under/behind.</p>	<p><b>Teddy Bear</b></p> <p>Teddy bear, Teddy bear, touch your nose,          Teddy bear, Teddy bear, touch your toes;          Teddy bear, Teddy bear, touch the ground,          Teddy bear, Teddy bear, turn around.          Teddy bear, Teddy bear, turn off the light,          Teddy bear, Teddy bear, say goodnight!</p>		