



March 2016 Speech and Language Activities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1</p> <p>Draw a picture together. Take turns adding more details. Talk about what you are doing.</p>	<p>2</p>	<p>3</p> <p>Keep track of the weather on your calendar at home each day.</p>	<p>4</p> <p>Spread a blanket on the floor and pretend it is a boat. Use words like: fishing/cast/sea/waves</p>	<p>5</p> <p>Play the "Yes-No" game. Ask questions like "Can you fly?", "Do dogs meow?"... Take turns with your child.</p>
<p>6</p> <p>Play "I Spy". This helps with listening skills and learning new words like: "soft", "big", "round"....</p>	<p>7</p> <p>Get out the playdough. Squish, roll and pat it and talk about what your child is doing.</p>	<p>8</p>	 <p>9</p>	<p>10</p> <p>Use paper bags or old socks to make puppets. Put on a show together of your child's favourite story.</p>	<p>11</p>	<p>12</p> <p>Fill a flat container with rice or flour and help your child draw the letters of the alphabet with their fingers.</p>
<p>13</p> <p>Play a game together like Memory or Bingo</p>	<p>14</p>	<p>15</p> <p>Do the laundry together. Sort by colours, who it belongs to, and types of clothing.</p>	<p>16</p> <p>Blow bubbles. Use long breaths or short breaths. Try to count the bubbles together</p>	<p>17</p> <p>St. Patrick's Day</p> 	<p>18</p>	<p>19</p> <p>Play a Guessing Game. Describe an object and have your child guess what it is. Take Turns Guessing!</p>
<p>20</p>	<p>21</p> <p>Ask questions so your child has a choice to make: "Do you want an apple or an orange?" "Do you want to wear your Red or Blue shirt?"</p>	<p>22</p> <p>Hide toys around the room and have fun asking "Where?" Give clues using words like on, under, behind, in front of.</p>	<p>23</p>	<p>24</p> <p>Say your favourite nursery rhyme together. Pause, and let your child try to fill in the rhyming word.</p>	<p>25</p> <p>Make a scrapbook of your favourite things. Use pictures from magazines. Make groups like: Things to ride, things to eat, things to play with.</p>	<p>26</p> <p>Check out these books: More Parts by Tedd Arnold I like myself by Karen Beaumont Yummy Yucky by Leslie Patricelli</p>
<p>27</p> <p>Happy Easter!</p>	<p>28</p> <p>Read a book together. Have your little one look at the pictures and tell you what might happen next.</p>	 <p>29</p>	<p>30</p> <p>Make up a silly rhyme together! Like "The fat rat ate the cat on the mat"... The sillier the better.</p>	<p>31</p>	<p>Language Express Preschool Speech & Language</p> 	