



February 2016 Speech and Language Activities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Add to what your child is saying. If he/she says "All gone" say, "Water's all gone!"	3 Try doing a puzzle together. Choose simple wooden puzzles with lots of colours.	4 Let your child help with simple chores . Talk about opposites you find: "This cup is empty but this one is full "	5 Play a game together like Memory or Bingo	6 Learn a new song together. Try "Shake My Sillies Out" by Raffi
7 Be a detective at home. Look for items that start with the first letter of your child's name.	8 Build a block tower with your child. Talk about the size of your tower.	9 	10 Have your child draw a picture. Let him/her tell you a story about their picture.	11 	12 Use lots of new words while playing like: slow, fast, busy, same, different.	13
14 	15 Get out the family photos and talk about the people and events in the pictures.	16 Give your child words to describe feelings : happy/sad/mad/excited	17	18 Learn about the Alphabet . Sing songs together like B-I-N-G-O and read, "Eating the Alphabet" by Lois Ehlert	19	20 Play " I Spy " with sounds. "I spy something that starts with M," "Monkey."
21 Take a walk together and talk about the way things around you are the same and different. Use colour, shape and size words.	22 	23	24 Give your child the opportunity to make a choice , "Do you want the red shirt or the blue shirt?"	25 Story chain . Have one person start a story and everyone in the family adds a sentence to make a funny new story.	26 Cut out pictures of animals. <i>Group</i> animals by size, where they live or how they move.	27 
28 Make a puzzle with your child. Take turns putting the pieces in.	29			<p>Language Express Preschool Speech & Language</p>  <p>THE LANGUAGE EXPRESS</p>		